

NOODLE SOUP WITH SPICY MARINATED CHICKEN, BASIL, BROCCOLI AND BOK CHOY

Prep + cook time: 50 min Serves: 4

Ingredients

2 tbsp Chinese broad bean paste, Doubanjiang

1 tbsp rice wine vinegar

1 tbsp Shaoxing wine

1 tbsp light soy sauce

1 tsp sugar

2 large skinless boneless chicken breasts, cut into strips

1 onion, roughly chopped

1 tbsp fresh ginger, sliced

3 cloves garlic, crushed

3 star anise

1 small cinnamon stick

1 tsp coriander seeds, lightly crushed

1 ½ I reduced-sodium chicken stock

200 g flat noodles, e. g. soba noodles or rice noodles

2 tbsp sunflower oil

4 baby bok choy, split in half

1 broccoli head, prepared into florets

1 handful Thai basil leaves

1 tbsp black sesame seeds

salt

- Stir together the broad bean paste, vinegar, Shaoxing wine, soy sauce, and sugar in a mixing bowl until the sugar has dissolved.
 - Add the chicken strips, stirring to coat in the marinade. Cover and set aside until needed.
- Combine the onion, ginger, garlic, star anise, cinnamon, coriander seeds, and stock in a large saucepan. Bring to the boil and then reduce to a steady simmer for 20 minutes.
- 4. Strain the broth into a clean saucepan. Return to a steady simmer and add the noodles, cooking them in the broth until tender to the bite, about 6-9 minutes.
- In the meantime, heat the oil in a frying pan set over a moderate heat until hot.
 Add the marinated chicken, stir-frying until cooked through,
 about 6-8 minutes. Set off the heat.
 - 6. When the noodles are ready, season the broth to taste with salt.
- 7. Divide the broccoli and bok choy between serving bowls. Ladle over the broth and noodles, letting the broccoli and bok choy sit in the broth for 5 minutes.
 - 8. Top with the chicken and garnish with Thai basil leaves and a sprinkle of sesame seeds.